

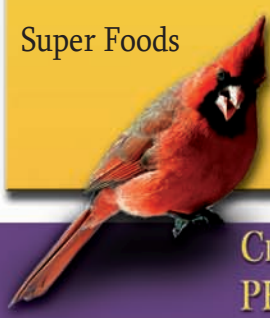


# NORMANDY NEWS

Spring 2011

## IN THIS ISSUE

Mayors Letter	2
Important Phone & Contact Info	3
Weatherization Program	4
Accomplishments Since May 2009	6
Recycling Do's & Don'ts	8
Area Policing Initiative	10
Public Works	11
Meet our Police Department (part 1 of 2)	12-13
Normandy Recycles	15
Super Foods	19



## 2011 SEASON!



It's that time again to get your kids involved with the Redbird Rookies! We love this time of year when we can get the kids moving and what's more fun than playing ball with a great team of other kids. Kids can learn how to play baseball or continue their skills, make new friends and have a heap of fun all summer! Redbird Rookies are for kids ages 5-13.

**The deadline is April 15, 2011 by 5:00 p.m.** to sign your children up. Please come by City hall to complete a form for each of your children.

**JOIN OUR TEAM FOR 2011!** Sign-up is available Monday through Friday 9:00 a.m. through 5:00 p.m. until the deadline. Volunteer Coaches, Umpires and Activity Aides are needed as well. Residents from ALL MUNICIPALITIES are WELCOME, Parents/ Volunteers must sign Cardinals Care and City of Normandy Participant Waivers.

Registration ends April 15, 2011 by 5:00 p.m. Redbird Rookies, a baseball league for boys and girls ages 5- 13, is sponsored

by Cardinals Care, the community foundation of the St. Louis Cardinals professional baseball team.

The program, started in 2004, provides children with uniforms, gloves, bats, balls and other equipments, as well as extensive off-field support in the areas of health, education, mentoring, and cultural arts. Redbird Rookies has 20 leagues, serving nearly 4,000 children in the St. Louis/ Metro area, and parts of rural Missouri and Illinois who otherwise might not have the chance to play. The Decatur league was started in 2008.

Rawlings, a major contributor and supporter of Cardinals Care, donates and discounts most of the equipment and uniforms for any child who wants to play in Redbird Rookies. In addition, Cardinals Care provides training so that coaches and organizers can learn innovative coaching/ character building techniques that are essential to the program. Parents also take part in workshops that teach the philosophy of the league so that there is support on every level. Players are encouraged

to read over the summer and have opportunities to win individual prizes such as a backpack and school supplies or team prizes such as being in a drawing for a chance to play a game at Busch stadium or to have a practice with a current Cardinals player. Central to Redbird Rookies is instructional play. Keeping score and winning are secondary to the life lessons that can be learned as part of a team on the ball field. Redbird Rookies works to instill the values of teamwork, integrity, self-esteem and leadership in the "classroom" of a baseball setting.

(Source: <http://www.dmhcares.Org/services/sportsmedicine/redbird.aspx>)

**For More Information:**  
[www.stlcardinals.com](http://www.stlcardinals.com)

**Community Fundraiser Coupon Books are now available at City Hall for \$5. Enjoy an array of Coupons for Lee's Famous Chicken.**

---

---

# LETTER FROM THE MAYOR

---

---

Dear Normandy Citizens,

First of all, I want to thank the citizens of Normandy for your support and encouragement during my first two years as the proud mayor of the City of Normandy. By working together, we have accomplished many, many things in this short period of time. The City Council, Police Department, Public Works, City Hall employees and I are working hard to return our city to a great place that everyone can be proud of and enjoy.

I'm sure you have often talked to me at our town hall meetings or at community events. Perhaps you may have seen me working in your neighborhood. In fact, last autumn I helped Rodney Jarrett and Public Works remove dead trees along Bermuda Road and St. Ann's Lane. Now on Wednesdays, we're removing dead trees in Ward 1.

Besides working on public works projects, I'm on the board of the St. Louis County Municipal League and North County, Inc. Much of my time is also spent as a member of the St. Louis County Economic Council, St. Louis County Mayors of Small Cities, and the Beyond Housing 24-to-1 initiative. In addition, I'm president of the St. Louis County African-American Mayors. Also, Congressman Lacy Clay chose me to work on green initiatives within our community and with the National Association of Black Mayors.

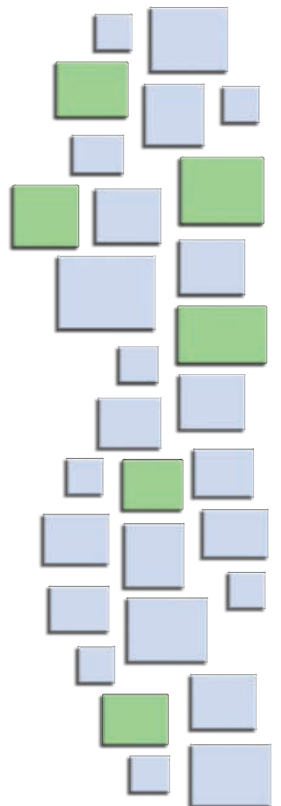
The City of Normandy and UMSL now have a great collaborative relationship. I'm working with Chancellor George and the Assistant to the Provost for Public Affairs and Economic Development Community Relations on economic development and collaborative efforts across the community. We're taking advantage of this new partnership through planning the Great Streets-Natural Bridge project and my participation on the UMSL Students of Service Community Advisory Committee. I've also been able to share my experiences as Mayor at UMSL's

Women's Leadership Forum. Plus, for a second year in a row, I'll be speaking at Washington University's George Washington Brown School of Social Work. Through my participation in all of these activities, I have met with many different experts and leaders from across the country in the effort to build and maintain strong collaborative relationships with our community partners and to seek out and encourage economic development to our city for the betterment of our citizens.

Your elected officials and everyone at City Hall will keep working hard to improve our city while we search for creative ways to save money and to become more efficient and effective in operations and procedures. So far we have secured almost \$200,000 dollars in grants and 2.4 million dollars in economic development funds.

We have not laid-off any employees or management. In fact, we hired a new police officer and a new finance clerk. Our goals are to keep the quality of life in Normandy improving, crime down, streets clean and neighborhoods safe. This will make the City of Normandy an even greater place for our residents to live and for our neighborhoods to thrive.

We have a great opportunity to keep moving progress forward instead of falling backwards to the old ways that left our city disorganized and in disrepair. We owe it to our families and to the next generation to inherit a better place, rich in history, rich in resources, and full of pride. The City of Normandy has leadership at all levels that lead by creativity and actions that will ultimately result in a bright future for generations to come.





# IMPORTANT PHONE NUMBERS

CITY HALL: 314-385-3300

PUBLIC WORKS 314-385-3300

POLICE NON-EMERGENCY 314-889-2341

NORTHEAST FIRE DISTRICT  
- NON-EMERGENCY 314-382-1501

EMERGENCIES  
DIAL 9--1-1

## IMPORTANT DATES

### CITY MEETINGS & MUNICIPAL COURT

COUNCIL MEETING - 7:30 P.M. - 1ST TUESDAY

MUNICIPAL COURT - 6:00 P.M. 1ST & 3RD WEDNESDAY

HOUSING COURT - 6:30 P.M. 2ND MONDAY

VILLAGE OF BELLERIVE ACRES MUNICIPAL COURT - 6:00 P.M. 2ND MONDAY

## YOUR ELECTED OFFICIALS

MAYOR PATRICK GREEN 314-385-3300, EXTENSION 3017

E-MAIL: [mayorpgreen@cityofnormandy.gov](mailto:mayorpgreen@cityofnormandy.gov)

WARD 1	KIMBERLY BLAKLEY	314-524-0334	LELIA MARTIN	314-524-7171
WARD 2	TONY EVANS	314-385-0766	DELRITA FUTRELL	314-522-0430
WARD 3	MARK BECKMANN	314-383-9705	VINCENT WALLACE, SR	314-385-2859
WARD 4	ERMA RATLIF	314-385-1148	BOB REID	314-599-8433

## CITY HALL INFORMATION - PHONE EXTENSIONS & E-MAIL ADDRESSES

PAMELA ROGERS, CITY ADMINISTRATOR/ CITY CLERK  
314-385-3300, EXT 3010  
E-MAIL: [PROGERS@CITYOFNORMANDY.GOV](mailto:PROGERS@CITYOFNORMANDY.GOV)

ANTHONY MADIGAN, POLICE MAJOR  
314-385-3300, EXT 3023  
E-MAIL: [AMADIGAN@CITYOFNORMANDY.GOV](mailto:AMADIGAN@CITYOFNORMANDY.GOV)

REPORT ANONYMOUS VIOLATIONS:  
314-385-3300, EXT 3099

FRANK MININNI, POLICE CHIEF  
314-385-3300, EXT 3018  
E-MAIL: [FMININNI@CITYOFNORMANDY.GOV](mailto:FMININNI@CITYOFNORMANDY.GOV)

LORI HARTMAN, COURT ADMINISTRATOR/ POLICE CLERK  
314-385-3300, EXT 3015  
E-MAIL: [LHARTMAN@CITYOFNORMANDY.GOV](mailto:LHARTMAN@CITYOFNORMANDY.GOV)

REPORT MOSQUITO/ BUG INFESTATIONS:  
314-615-4BUG  
(314-615-4284)

JEAN SPURLOCK, DEPUTY CLERK/ SANITATION  
314-385-3300, EXT 3014  
E-MAIL: [JSPURLOCK@CITYOFNORMANDY.GOV](mailto:JSPURLOCK@CITYOFNORMANDY.GOV)

DEMETRA MOSBY, ACCOUNTING CLERK  
314-385-3300, EXT 3016  
E-MAIL: [DMOSBY@CITYOFNORMANDY.GOV](mailto:DMOSBY@CITYOFNORMANDY.GOV)



You can trust Global Connect.

## EMERGENCY ALERT NOTIFICATION SYSTEM

The City of Normandy is obtaining an Emergency Alert Notification System. You ask "What is this?"

This system will alert our citizens when there is an emergency in our city of possible weather threats, utility outage notifications, highway or street blockages, upcoming community events, school closings, etc. This will be the City's VOICE to our citizens.

The company that we have chosen is Global Connect. Founded in 2002, Global Connect is the leading provider of web-based voice messaging, helps a variety of organizations throughout the United States, Canada and Puerto Rico deliver personalized voice messages quickly and cost-effectively. A fully interactive system uses Voice Over Internet Protocol to deliver prerecorded voice messages to designated phone numbers at unmatched speed and capacity.

In the near future, the City will have this system "up and running" and we'll be asking you if you would like to sign up for these alerts. It is FREE to sign up and there is NO COST TO YOU!! Keep watching future newsletters for more information!

## THE WEATHERIZATION ASSISTANCE PROGRAM

"AN OPPORTUNITY TO HELP FAMILY BUDGETS, CONSERVE ENERGY AND IMPROVE PROPERTY VALUES"

The Community Action Agency of St. Louis County (CAASTLC) continues to provide no-cost home weatherization for low income residents of the County with Recovery Act funds. Depending on the results of a state-of-the-art energy audit, we hire contractors to update insulation, seal windows and other energy leaks, and can replace inefficient furnaces and water heaters. Soon we will be able to replace inefficient refrigerators as well for those households with incomes at 200% of the poverty level or less.

In addition to the obvious budget benefits for the families or individuals directly served, the improvements to the housing stock can boost property values. And money saved by the home owners can be used for other house improvements. Rental properties with low income tenants are also eligible for the same Weatherization Assistance Program benefits with the exception of the appliance replacement.

CAASTLC is currently weatherizing from 70-80 units per month. Make sure your community is benefiting from this time-limited program by having community development, code enforcement and building inspectors inform residents of the program. Or establish a contact with CAASTLC staff and allow us to follow up with your residents to determine eligibility. The ARRA/Recovery Act funding will expire in March 2012, so act now to reap the energy, health and safety benefits for your community residents.

For more information or to schedule a briefing in your municipality, contact Jim Moore (314.446.4437). Information is also available at the website: [www.caastlc.org](http://www.caastlc.org). Brochures and fliers about the Weatherization Assistance Program are available for distribution in your community.

CAASTLC is also sponsoring Energy and Health Forums to educate citizens on energy conservation. The City of Ferguson recently sponsored an event, attended by 40 residents. If you would like to schedule or sponsor an event in your community, call Rich Krueger at 314.446.4424. With the generous support of private sector sponsors, we are able to give each family a do-it-yourself energy saving kit.

*\*This project is funded in whole with federal American Recovery and Reinvestment Act funds from the US Department of Health and Human Services provided through the FAMILY Support Division, MO Department of Social Services.*



## Foreclosure Intervention Services

If you are having trouble  
paying your mortgage,  
Beyond Housing can help.

Contact us at  
314-533-0600 x22

**Call today to make an  
appointment. As a  
non-profit organization,  
Beyond Housing  
provides this service  
free of charge.**

### A trusted source for homeowner information

*Beyond Housing has been a leader in foreclosure intervention counseling since 2005. Our trained counselors can help you:*

- *Understand your mortgage.*
- *Evaluate your monthly income and expenses.*
- *Explain options to help you avoid foreclosure.*
- *Negotiate with your mortgage company to find a "workout option."*
- *Explore other resources.*
- *Experience a "soft landing" if you decide not to keep your home.*

**If you are having  
trouble paying your  
mortgage, Beyond  
Housing can help.**

**DON'T WAIT! CALL TODAY!**



Beyond Housing

**4156 Manchester Ave**

**St. Louis, Mo. 63110**

Phone: 314-533-0600 X22

Fax: 314-533-0476

Website: [www.beyondhousing.org](http://www.beyondhousing.org)

Email: [foreclosurehelp@beyondhousing.org](mailto:foreclosurehelp@beyondhousing.org)

---

---

# ACCOMPLISHMENTS SINCE MAY 2009

---

---

## IMPROVEMENT OF CITY SERVICES

- More pleasant and responsive customer service by office staff.
- Improved technology and efficiency by purchasing new computers and a new phone system
- Public Works is now better equipped to meet the city's needs as well as improved our citizens' services than ever before
  - AmerenUE donated a \$25,000 boom truck to the city
- Won \$70,000 grant toward the purchase of a recycling truck
- Re-examined and tightened up procedures dealing with building permits and occupancy permits
- Address inefficiencies causing delays, lack of accountability and loss of money to the City
- Cleaning service contract for City Hall saved \$2000 a year
- Addressed and corrected businesses operating without a proper license in the City
- Improved accountability by producing reports in order to track results

## INCREASED COMMUNICATION TO CITIZENS

- Installed new message board outside City Hall
- Improved communication with citizens by increasing information provided in newsletter and printing it in color
- Door hangers used to inform residents of information quickly
- Created a new city website with current, up-to-date information
- Conducted town hall meetings and workshops

## RESTORATION OF CITY HALL

- New paint and carpet (all from volunteer labor)
- Replaced damaged and undersized gutters
- Painted outer doors (from volunteer labor)
- Power washed building and sandstone (from volunteer labor)

- Sealed cracks around plate glass windows
- Landscaped City Hall (from volunteer labor)
- \$18,000 in grants for new ADA-compliant doors and concrete sidewalks

## DECREASE OF LIABILITIES TO THE CITY

A risk assessment was conducted by the city's insurance company, as a result:

- Installed fence behind City Hall to increase safety to pedestrians accessing the MetroLink
- Fixed water drainage from bridge and sidewalks on Natural Bridge over the MetroLink track to prevent icing on sidewalks
- Repairing and replacing dangerous side walks throughout the city
- Cut down dangerous trees on city property
- Addressed tripping hazards around concession stand in Hoelzel Park
- Obtained proper licensing for serving food at concession stand in Hoelzel Park
- Repaired dangerous streets
- Installed fencing in city park
- Created a list to track vacant homes
- Identified condemnable, vacant homes for potential demolition

## ATTENTION GIVEN TO CITY'S INFRASTRUCTURE

- Partnered with AmerenUE to identify dangerous trees and foliage near power lines
- Partnered with Missouri American Water to address ongoing water line breaks and water main issues
- Partnered with MSD to start a committee of mayors to address sewer line cleaning and repairs, to prevent flooding, and to collaborate in order to provide more effective and efficient services
- Replaced water mains and fire hydrants in two subdivisions in Ward 2
- Installed new asphalt curbs

Continued on Page 9

*Continued From Page 9: Accomplishments*

- Police won a \$10,000 grant to purchase cameras for the police cars
- Purchased new uniforms to give our officers a more professional look
- Created a tracking process for derelict and empty homes
- The Normandy Police are seeking state certification and will become one of only five certified departments in St. Louis County
- Implemented an ordinance that requires apartment complex owners to secure common areas and to provide key-access to residents to prevent criminal activity
- Changed ordinance regarding curfew time and focused on enforcement of the ordinance
- Addressed high levels of crime at the south Metro station by opening up lines of communication with new Metro CEO and Chief of Security
- Addressed a communication system that will inform residents by phone, email, and text in case of emergency weather conditions
- Addressing emergency preparedness for dangerous hostage situations at local institutions and City Hall

**VOLUNTEERING**

- The Mayor, City Council members, police officers, City Hall staff, and citizens donated hundreds of volunteer hours in various projects, at City Hall and around the community, saving the city thousands of dollars, and also helping homeowners, educating residents on issues important to our community, and aiding our most vulnerable citizens in time of need.



## WHEN TO CALL THE POLICE

IT IS VERY IMPORTANT THAT YOU, OUR CITIZENS FEEL SAFE AND SECURE IN YOUR OWN NEIGHBORHOOD. THE JOB OF A POLICE OFFICER IS TO PROTECT AND SERVE. IF YOU SEE SUSPICIOUS ACTIVITY IN YOUR AREA PLEASE "DO" REPORT THIS. IF IT IS NEVER REPORTED THEN WE CANNOT DO OUR JOBS TO THE FULLEST OF OUR POTENTIAL.

### WHEN IS IT AN EMERGENCY or SUSPICIOUS??

- WHEN YOU SEE A SUSPICIOUS PEOPLE SITTING IN A VEHICLE ON THE STREET
- WHEN YOU SEE A YOUNG PERSON WALKING IN THE COMMUNITY DURING SCHOOL HOURS
- WHEN A YOUNG PERSON IS CROSSING THROUGH A BACK YARD OR COMING OUT FROM BETWEEN NEIGHBORS' HOMES
- WHEN YOU SEE GROUPS OF CHILDREN HANGING OUT LATE AT NIGHT
- WHEN YOU HEAR LOUD MUSIC
- WHEN YOU SEE SUSPICIOUS PEOPLE ARE WORKING OR WALKING AROUND VACANT HOMES IN YOUR NEIGHBORHOOD
- WHEN YOU SEE A SPEEDING VEHICLE (AND REMEMBER TO WRITE DOWN THE LICENSE PLATE NUMBER)

**FOR REPORTING SUSPICIOUS ACTIVITY PLEASE CONTACT DISPATCH 314-889-2341.**

**YOU ALWAYS RESERVE THE RIGHT TO REMAIN ANONYMOUS**

OFFICE NUMBER 314.385.3300

DETECTIVE LOU PORZELT: EXT 3020

DETECTIVE STEVE WHITWORTH: EXT 3021

CONFIDENTIAL TIP LINE: EXT 3099

NON-EMERGENCY 314.889.2341

**EMERGENCIES CALL 9-1-1**

**~NORMANDY P.D.**

# RECYCLING ONLY

## Single Stream Recycling

*No Separation of Recyclables Needed!*

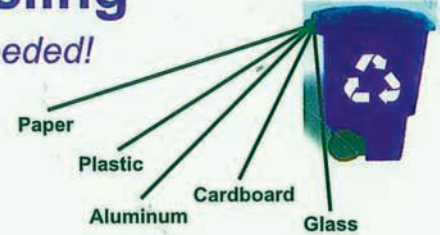
✓ **YES!** These items can be recycled through this program:

### **Plastic, Metal & Glass Containers**

- ✓ All #1, #2, #3, #4, #5 and #7 plastics
- ✓ Lids to bottles, jugs, jars and other containers also recyclable
- ✓ Milk and juice cartons & jugs
- ✓ Snack-size juice pouches & cartons (remove straws)
- ✓ Soda, water & flavored beverage bottles
- ✓ Narrow neck containers - health & beauty products, cleaners ⇨
- ✓ Grocery - margarine tubs, yogurt cups, syrup & ketchup bottles
- ✓ Detergent & fabric softener containers
- ✓ Plastic buckets - kitty litter containers (5 gallon size maximum)
- ✓ Aluminum cans, trays & foil
- ✓ Steel & tin cans
- ✓ Aerosol cans
- ✓ Glass bottles & jars (except blue)

### **Paper Products**

- ✓ Newspaper - including inserts (remove plastic sleeves)
- ✓ Cardboard (flattened)
- ✓ Brown paper bags
- ✓ Magazines, catalogs & telephone books
- ✓ Paper - home & office, computer, notebook & gift wrap ⇨
- ✓ Cereal, cake, food mix boxes & gift boxes
- ✓ Packaging for beverage cans and bottles - including plastic rings
- ✓ Mail, junk mail & envelopes ⇨
- ✓ Paper back books ⇨



✗ **NO!** Do's and Don't's for items in this recycling program:

### **Items not accepted and special instructions**

- ✗ Food waste
- ✗ Used paper plates, paper towels or napkins
- ✗ #6 plastics - egg cartons, disposable coffee cups
- ✗ Plastic bags (return to grocery stores)
- ✗ Plastic film - sheets, tarps or wrap
- ✗ Plastic cards, stick-on labels or unused stamps ⇨
- ✗ Expanded foam or clear polystyrene - Styrofoam
- ✗ Motor oil, insecticide or other hazardous chemical containers ⇨
- ✗ Metal clips, spiral notebooks or binders ⇨
- ✗ Glass from windows, dinnerware or ceramics
- ✗ Hard cover books (unless covers are removed and discarded) ⇨

Missouri  
Department of  
Natural Resources



Sponsored by the Missouri Department of Natural Resources,  
the St. Louis-Jefferson Solid Waste Management District and  
Neighbors Assisting Neighbors.

## 5TH ANNUAL AMANDA CATES MEMORIAL SCHOLARSHIP GOLF TOURNAMENT

FRIDAY, JUNE 17, 2011

CRYSTAL SPRINGS QUARRY GOLF CLUB  
MARYLAND HEIGHTS, MISSOURI



**SPONSORSHIP OPPORTUNITIES ARE AVAILABLE NOW!**

FOR MORE INFORMATION CONTACT: TONY @ 314-333-3207

OR VISIT

[WWW.AMANDACATES.ORG](http://WWW.AMANDACATES.ORG)



AMANDA K. CATES



8-29-06  
"NEVER FORGOTTEN"



- Replaced bad sidewalks and driveway aprons
- Removed excess TV and phone cable from electrical poles
- Addressed street repairs across the city and prepared for future street renovations
- Addressed aging parks and infrastructure
- Corrected water drainage on sidewalks on MetroLink bridge
- Repaired severe water damage to alleyway, curbs, and street on St. Mary's Lane

### **BEAUTIFICATION OF THE CITY**

- Installed American flags and holiday decorations on Natural Bridge to improve city's image, pride, and awareness (added bows from Dekra-Lite Industries to the holiday wreaths in 2010)
- Added trashcans to Natural Bridge reducing trash on ground by more than 75 percent
- Cleaned trash and overgrown foliage from right of ways and from derelict, abandoned, and foreclosed homes
- Removed over 130 derelict cars from the community
- Won a first-time \$10,000 grant from conservation department to assist in mapping the location of trees and for the removal and replacement of them
- AmerenUE is donating trees to the city to be planted along Bermuda Road

### **IMPROVEMENT OF CITY'S PARTNERSHIPS WITH NEIGHBORING COMMUNITIES AND INSTITUTIONS**

- Collaborative effort between the City of Normandy and the City of Cool Valley
- Earned a donated boom truck from AmerenUE
- Improved relationship with UMSL
- Mayor sits on Students of Service Community Advisory Committee, which helps students volunteer their time and talents in projects across our community
- United efforts between UMSL and the city to jump start the "Great Streets" Project on Natural Bridge Road
- Awarded a \$50,000 "Arts in Transit" memorial sculpture for Metro station
- Working with Normandy School District on multiple projects such as "Reach Out to Dropouts"

- Collaborating with mayors in the surrounding communities on best practices for their city
- Working with Beyond Housing on 24:1 Initiative – 24 communities working together as one to support the school district and other initiatives
- Met with National Association of Black Mayors, representatives from Congressman Clay's office, and officials from Atlanta regarding green initiatives, best practices related to cultivating community involvement and economic development

### **INCREASE TO ECONOMIC DEVELOPMENT**

- Secured \$1.2 million for city's economic development
- Formed committee focused on how to improve business district and to best utilize current resources to aid business owners and to attract others
- Secured \$1.2 million from East-West Gateway to redevelop the "Wedge" at Natural Bridge and Florissant Roads
- Focused on economic development ½ cent fund to produce a person to work on economic development, PR, image and marketing in Normandy
- Mayor and fire chief traveled to Baltimore to meet with a senior housing developer and his senior staff
  - Looked at completed projects in Baltimore
  - Discussed developer's interest in potential project in Normandy
  - Creating plans to set up a committee that included the fire chief, a general contractor and institutions in the area

### **IMPROVED SAFETY AND SECURITY**

- Thirty (30) percent reduction in crime in the city of Normandy
  - Our crime is lower than it's ever been due to our officers, special units and detectives rising above the average standard in performance of their duties
  - Taking a strategic approach by assessing crime in our city and addressing it immediately
- Created a Police Department mission statement with a focus on the community
- Created and implemented an overall plan to lower crime by performing all police services efficiently and effectively
- Purchased TASERs for police officers that lead to lower insurance premiums thus saving citizens money

# AREA POLICING INITIATIVE

by Frank Mininni, Chief of Police



**B**eginning in June of 2010 the Normandy Police Department began structuring a plan designed to provide the citizens of Normandy with a well regulated response plan. This plan became known as the Area Policing Plan and is being put into place as we speak (January 2011). The overall goal of this plan is to improve accountability and expand upon the all ready in place community oriented policing style we currently use.

The objective of this plan is to develop and implement a comprehensive department-wide approach to policing the City of Normandy. Every section of the Police Department is affected to ensure accountability at all levels.

The Normandy Police Department is a law enforcement agency with a jurisdiction consisting of over 5,000 residents, and several thousand more students, attending the University of Missouri St. Louis. The challenges presented to the officers and staff of the department varies greatly depending on the geographic region of the city.

The progressive nature of the City of Normandy necessitates a progressive law enforcement agency. The Normandy Police Department is just such an agency. With twenty-one sworn officers and two non-sworn employees, the department serves the citizens of Normandy on many different levels. The main components of the department include the Chief's Office, The Division of Patrol, the Division of Investigations, the traffic division, DARE, and the Code Enforcement Bureau.

The various divisions of the Normandy Police Department work in unison to ensure that all facets of the Area Policing Plan are taken into account. This is accomplished by the assignment of a representative from each division to the various areas established by this plan.

The Patrol Division consists of two permanent platoons with four shifts assigned to two geographical areas (sectors). The patrol shifts at the time of this article are 12 hour shifts with no overlap. There is also a traffic enforcement vehicle which works four days in a row, 10 hours a day. These officers are tasked with providing service to the citizens of Normandy twenty-four hours a day seven days a week. The primary focus of these officers is preventative patrol,

apprehension of offenders, preliminary investigation of crimes and motor vehicle accidents, and response to citizen calls for service.

The officers working the two sectors within the City of Normandy are the primary component of the Area Policing Plan. These officers are the "first responders" for the department and therefore serve as the main contact for citizens regarding problems/concerns and community issues.

Using the SARA model of Community Policing, all facets of the Police Department is able to provide lasting results in a community. The SARA model consists of "Scanning, Analysis, Response and Assessment" of problems in a community; both real and perceived. This approach provides a thorough examination of a particular problem as well as community empowerment regarding future issues of concern.

An important phase in the implementation of this plan has been education. Officers are encouraged to attend as many scheduled community events as possible in an effort to educate citizens about the Area Policing Plan, and to also introduce themselves to the areas they will be patrolling. While providing this education, officers too find that they learn a great deal more by being immersed in the community. These contacts prove to be priceless when considering true mutual working relationships between communities and the police.

Within the Patrol Division structure are 2 Lieutenants that serve as shift commanders, and 2 sergeants that answer to the Lieutenant to which they are assigned. The Sergeants serve as shift commanders for the opposite shift of their lieutenants. The Lieutenants are responsible for the day-to-day operation of the Patrol Division and the geographic portions of the city.

By dividing the city into equal areas, the Lieutenants can focus attention on the specific problems of that area. This allows for a better picture into the specific problems, types of crimes and quality of life issues occurring in the neighborhoods that make up the area. This type of system also allows a member of a neighborhood direct access to a command level officer of the Normandy Police Department. In turn, Lieutenants are better able to keep a finger on the pulse of their specific area and address concerns as they arise.

To allow for better identification of the various areas the city has

been broken into 2 sectors described as north, and south. This also aids in the identification of the command personnel who are responsible for the specific area. The north sector includes all areas north of Interstate Highway 70, and the Village of Pasadena Park. The south sector includes all areas south of Interstate Highway 70 and includes the Village of Bellerive Acres. Each Lieutenant will be responsible for each sector, as well as their sergeants.

All other facets of the Normandy Police Department participate in the Area Policing Plan. Each Division provides the Lieutenants with assistance as their position allows. All Lieutenants are assisted by a Detective from the Division of Investigations. This person allows for a timely transfer of information between the Patrol Division and the Investigations Division. The Traffic Division and the Code Enforcement Bureau also assist the Lieutenants in developing strategies and determining approaches to managing and eliminating criminal activity in their areas.

No area of the Police Department is without a purpose in the Area Policing Plan. All members of the department, sworn and non-sworn, are encouraged to participate in monthly meetings. Each division is able to provide information that others either did not have or did not have access to. The transfer of information between divisions is unprecedented. Officers will be more informed than ever before. The transfer of this information will provide sector officers with the tools necessary to coordinate efforts in decreasing/eliminating criminal activity.

In order for you to be more familiar with the officers that serve your area of the community, I have included a brief 2-part segment on each of our officers and a picture to put to the name. Part one will be about myself, the Major, the Lieutenants, as well as the Seargants, Code and K-9 Officers. In our next newsletter all of our main officers will be outlined.

In closing, I hope all of you have a wonderful and prosperous 2011.

# PUBLICWORKS



## TIPS FOR HOUSEHOLD GARBAGE COLLECTION

- Lids **MUST** be kept closed on rollout trash carts. {Object is to keep animals, birds, insects and rain water out of rollout cart and to keep trash & debris inside of cart.}
- Plastic bags may be used for household garbage but **ONLY** when used inside of your rollout cart or trash can.
- Roll-out carts **MUST** be used for your regular trash collection and trash cans must be used for heavy-pick-up collection. Trash cans will not be collected on your regular trash day, only roll-out carts. Carts and cans must be placed out for collection by 7:00 a.m. on proper collection day.
- The new rollout carts have serial numbers, but you may mark your address and/or name on your trash containers for identification in case carts, cans, or bins get lost.
- Residents should keep their old trashcan(s) for use heavy-pick-up collection days. Residents wishing to dispose of their old trashcan may do so by placing their unwanted trashcan at curb on heavy-pick-up Wednesday. Please place a note on unwanted can and our sanitation crew will dispose of your can.
- Reminder about Trashcans: Normandy City Code Section 235.100 states "Solid waste containers which are not approved will be collected, together with their contents, and disposed of".
- Limit items placed in recycle bin to recycling items. Please do not store food, household trash or cardboard in your recycling bin

waste bag(s) to be collected at the curb on proper day.

**HOLIDAYS:** There are 8 weeks in a calendar year that contain 9 holidays; New Year's Day, Martin Luther King Birthday, President's Birthday, Memorial Day, Independence Day, Labor Day, Thanksgiving Day together with the Friday after Thanksgiving Day and Christmas Day. During a week containing one of the above Holidays, our crew will work a four-day week. Regardless of what day of the week the holiday falls on, the collection procedure is the same:

- The first work day of that week, our crew will provide service to Ward 1...
- The second work day of that week, our crew will provide service to Ward 2...
- The third work day of that week, our crew will provide service to Wards 3 and to Ward 4
- The fourth work day of that week, our crew will provide recycling collection to all four Wards.

The exception to the rule will be Thanksgiving Holiday when there will be NO recycling collection on the Friday after Thanksgiving. Crews will provide service to Ward 1 on Monday, Ward 2 on Tuesday & Wards 3 & 4 on Wednesday providing NO heavy-pick-up service or recycling service for that holiday week.

**APPLIANCE COLLECTION:** Appliances will be collected on Wednesday of every week that does not contain a holiday. Please set items out for collection by 7:00 a.m. There is a \$10.00 charge for each appliance set out for collection. These items must be pre-paid at City Hall. Residents will receive a collection tag/sticker to be placed on each appliance to be collected. Material set out for collection without tag/sticker is subject to receive a summons. Missouri Senate Bill 530 prohibits the disposal of appliances in landfills.

**YARD WASTE COLLECTION:** Yard waste will be collected on your regular trash collection day. Yard waste (in paper yard waste bags only) may not be set out any other day of the week. Normandy residents may set out yard waste to be collected at curb in biodegradable Kraft paper yard waste bag(s) or piles of bundled limbs only. For smaller items or piles, residents may use brown paper grocery bags for disposal. Trashcans are no longer accepted for yard waste. These Kraft bags are readily available from vendors everywhere. Limbs that are set out for yard waste must be bundled into piles that are 12 inches maximum in diameter and 4 ft maximum in length. Yard waste is defined as berries, grass, gumballs, leaves, twigs, small branches and weeds. Please do not co-mingle yard waste & household garbage in same container. Due to tight Environmental Protection Agency & the Missouri Department of Natural Resource

regulations, yard waste in plastic bags, plastic of any kind, and/or any items that are not yard waste will not be collected as yard waste. Missouri Senate Bill 530 prohibits the disposal of yard waste in landfills. Please keep yard waste and household trash separate.

**LIMB-CHIPPING SERVICE:** During winter months all material for disposal must be cut into 4 ft. lengths and tied into bundles and placed at curb for collection. During the spring and summer months (after April 4th, 2011), residents having limbs and branches for disposal may set their material at curbside for our weekly collection. Crew will begin the collection on Monday and chip limbs until the entire city has been serviced. There will be no charge for Normandy's limb chipping service which is designed to assist Normandy residents that service their own trees. All limbs and branches for disposal may be placed at curb for the limb chipper. Limb chipping service will not operate after October 14th, 2011.

**LEAF-VACUUM SERVICE:** There will be no charge for Normandy's leaf-vacuum service which operates during the fall and spring months and is designed to assist Normandy residents with leaf disposal. Residents may rake leaves to be collected to the curb, but not into the street. Our leaf-vacuum service will provide leaf collection on a regular basis until April 2nd, 2011 when it will stop until October.

**WOOD CHIPS/MULCH:** Wood chips from our limb-chipper and mulch materials are available free of charge to all Normandy residents that wish chips or mulch. Bring a container or pick-up truck to the City's Public Works Facility 5800 Bermuda Road between 7:00 a.m. and 3:00 p.m. Monday through Friday.

**TRASH DUMPSTER:** The City offers a 2-cubic yard trash dumpster for large household clean-ups. Residents having a need for a trash dumpster may apply in person at Normandy City Hall. Payment is due at time of application. Dumpsters are issued for a 7-day period on a "first-come, first-served" basis. This service has a fee of \$14.00 for each dumpster empty. Please call the Sanitation crew at (314) 486-2182 if you finish with the dumpster prior to the seven-day time period. This will assist our sanitation department in more efficiently delivering trash dumpsters to other residents. The Environmental Protection Agency & the Missouri Department of Natural Resources regulate collection of items discarded into dumpsters, see application for details. Please do not place items that we do not collect into the dumpster.

Our Public Works and Sanitation employee's normal starting schedule is at 7:00 a.m. Monday through Friday. Please have all items to be collected set out by 7:00 a.m. on your collection day. Please place all roll-out trash carts, trash cans, bundles of limbs and yard-

# MEET OUR POLICE DEPARTMENT



**COL. FRANK A. MININNI**

Chief Mininni began his career fresh out of the police academy in 1997. Chief Mininni has served in every position available with the Normandy Police Department. Chief Mininni is a recent graduate of the FBI National Academy and is currently finishing up a Criminal Justice Degree from Lindenwood University. Chief Mininni is a strong believer in the community oriented policing concept, and is dedicated to forging stronger relationships between the community and the police department.

## MAJOR TONY MADIGAN

Major Tony Madigan began his career with the Bel-Ridge Police Department. Major Madigan made the switch to the Normandy Police Department in 2002. Major Madigan has spent time in the department's Detective Bureau, St. Louis County Drug Unit, and assigned to FBI, St. Louis Division. Major Madigan is next on the list to attend the FBI National Academy in Quantico, Virginia. Major Madigan is in charge of the day-to-day operations of the police department. He is the Operations Division Commander (Patrol) as well as the Support Division Commander (Detective Bureau, and Court Staff). Major Madigan is in the process of having the police department certified by the State of Missouri. This time consuming task will take almost two years to complete. Once completed, your police department will be in the elite law enforcement agencies in Missouri. The process is not only a commitment to have a great police department. It is a commitment to our citizens that we are a professional organization with standards and core values, and that we are dedicated in providing you the best possible service, by the best possible officers that we hire.



**LIEUTENANT JON HOUSE**

Lieutenant Jon House started with the Normandy Police Department in 1995. Lieutenant House, along with supervising his platoon, is the liaison officer between Pasadena Park and the Normandy Police Department.



**LIEUTENANT JEFF BALLARD**

Lieutenant Jeff Ballard has been with the Normandy Police Department since 1991. Lieutenant Ballard is the liaison officer between the Normandy Police Department and the Village of Bellerive Acres.



**SERGEANT GORDON CHAMBERS**

Sergeant Gordon Chambers has been with the Normandy Police Department since 1996. Sergeant Chambers is assigned to Lieutenant House's Platoon and is responsible for the day to day operations of his shift, and platoon. Sergeant Chambers oversee's the daily operations of the south sector of the city.



**SERGEANT KEITH GEORGE**

Sergeant Keith George has been with the Normandy Police Department since 2000. Sergeant George is assigned to Lieutenant Ballard's Platoon and is responsible for the day to day operations of his shift, and platoon. Sergeant George oversee's the daily operations of the north sector of the city.



**DETECTIVE LOUIS PORZELT**

Det. Porzelt came to the Normandy Police Department in 1998. Det. Porzelt is a member of the Greater St. Louis Area Major Case Squad, and is responsible for all of the evidence seized by the Normandy Police Department. Det. Porzelt and Det. Whitworth are responsible for a 43% clearance rate. Det. Porzelt is assigned to Lieutenant Ballard's Platoon.



**DETECTIVE STEVE WHITWORTH**

Det. Whitworth has been with the Normandy Police Department since 2003. Det. Whitworth is a member of the Greater St. Louis Area Major Case Squad. Det. Whitworth and Det. Porzelt are responsible for a 43% clearance rate.

# MEET OUR POLICE DEPARTMENT



## CODE ENFORCEMENT OFFICER VICTOR BRINKMANN

Officer Brinkmann has been with the Normandy Police Department since 1999. Officer Brinkmann is responsible code compliance in the city, and has done an outstanding job in his first year. Officer Brinkmann is also a recipient of the Medal of Valor, and also the Distinguished Officer of the Year.



## CANINE OFFICER TIM CONNER

Officer Conner has been with the Normandy Police Department since 2005. Officer Connor is an overlay officer assisted to Lieutenant Ballard's Platoon. Officer Connor is assisted by his canine, Mink.

## CANINE OFFICER CLETE MATHIS

Officer Mathis started with the Normandy Police Department in 2007. Officer Mathis was instrumental in starting the Normandy Police Department K-9 Program. Officer Mathis is an overlay officer with Lieutenant House's platoon. Officer Mathis is assisted by his canine, Ringo.



In July 2007 the Normandy K-9 Unit was established. Originally this unit was made up of one team consisting of Officer Clete Mathis and K9 Officer Bathon. The following year, the K9 Team of Officer Tim Conner and K9 Mink was added to the unit. Unfortunately the same year, Bathon had to be retired for medical reasons, but was quickly replaced by K9 Ringo.

In order for a K9 Team to be successful a trusting relationship must be built and maintained. For the first couple of months after the officers received their new partners they spent time training and bonding, which appears to have worked, because 2008 proved to be a busy year for the Unit, and a less than profitable one for criminals. They made 64 Felony Narcotic Arrests, 100 Misdemeanor Narcotic Arrests, performed 79 vehicle searches, assisted in 34 search warrants, and apprehended 7 fleeing subjects (it would have been more, but the bad guys tend not to run when they see a police K9). They

were also able to seize 900 lbs of marijuana off our streets and out of our communities. Not only do they work on their own community, but they have assisted other area agencies. They agencies include but are not limited to:

FBI Pine Lawn Police  
St. Louis Co. Drug Unit  
DEA  
Woodson Terrace Police  
North County MEG Unit  
Bel Nor Police Department  
Jennings Police Department  
Bel Ridge Police Department  
Bellefontaine Police Department  
Northwoods Police Department  
Riverview Police Department  
Hazelwood Police Department  
St. Ann Police Department  
Charlack Police Department

The average K9 partner's "working" life span is 6-10 years, and unfortunately due to their high energy/ stress lifestyle, they are subject to many more health issues than your average household dog. A K9 lives with the officer, and depending on their personality, can live right alongside any other family pets and even children. This helps make the bond between the K9 and handler even stronger.

The Normandy Police K9 Unit is operated entirely from donations to the K9 Fund, and is used for the continued training, equipment, and health care for

the K9 teams. It relies entirely upon donations from within the community. That is why it is so important to have your support.

## **Officer Clete Mathis and K9 Officer Ringo**

Ringo is a 4 year old German Shepherd. Born in Germany, his initial training started at about 10 weeks old. They start the initial training and then the police departments around the world purchase the dogs. The dogs are then flown to the United states passing through US Customs. The vendor then picks up the dog at the airport and takes the dog back to their kennel. Here, they start more training and testing with the dog to keep him trained until a Police department purchases him. The police department takes the dog and puts him with a handler that is selected by the department. The handler takes the dog and bonds with him for approximately a week. Then the team goes to a K9 school and trains for approximately 6 weeks at least 10 hours a day. Then the team certifies in the areas that they require training in. The certification is an annual certification, so training is continuous throughout the career of the team. K9 teams are trained in different area's that fit in with the departments needs, some examples are as follows:

Narcotics  
Evidence Recovery  
Tracking

**Continued on Page 15**

# Summer 2011 Fun New Experiences for Children

Help your Children Look to a Bright Future!!  
Send them to a Quality Summer Program Experience  
Beyond Housing Pagedale CDF Freedom Schools  
Program Dates run from June 20th through July 29th  
Monday through Friday  
8:00 a.m. to 5:30 p.m.  
Pagedale Family Support Center  
1404 Ferguson Avenue



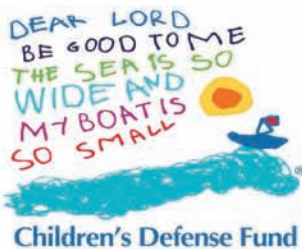
Beyond Housing



Children's Defense Fund  
Freedom Schools®



Have Fun in a Safe Environment!  
~ Look forward to ~  
Reading and Cultural Enrichment  
Weekly Field Trips  
Games & Recreational Activities  
Computer Lab  
For Ages 5 through 13



Registration Fee \$175.00 per Family. (Up to 4 children per family) A \$50 deposit is required at the time of registration  
Registration fees can be paid in installments. All registration fees must be paid no later than Friday June 17, 2011  
REGISTRATION BEGINS APRIL 4th @ The Pagedale Family Support Center 1404 Ferguson, 63133  
For More Information Contact Mr. Terry 314 862 0639, ext 15

Apprehension of suspects  
Handler Protection from injury  
Bomb Detection  
Cadaver Detection

K9 careers can last a day up to when the dog cannot work anymore, typically 10 years. The K9 at Normandy are treated like our kids, they stay inside with us and get along with our family and our pets we have. K9 Teams are on call 24 hours a day, 7 days a week, it is a strenuous job but very fulfilling also.

### Officer Tim Conner and K9 Officer Mink

We acquired Mink through the Department of Defense K9 training facility at Lackland Air force base in San Antonio, TX. Mink was initially being trained as a Military working dog when I adopted him from the US Air force.

All animals have to go through customs no matter if they are a pet or a working animal. Some dogs are fully trained in Europe and some receive no training until they reach their destination. Mink was partially trained in Patrol work and Narcotics detection but Mathis and I completed his training and certification prior to this going into service in October 2008. Mink was adopted in June 2008 and put through a (4) four month training session to be certified for police work. A dog's ability to be a working animal is measured by its natural prey drive; dogs that are closest to their true blood line usually have the truest blood lines which are why most working dogs come from Europe.

There are hundreds of methods for training; we train our dogs to be rewarded with tennis balls when they detect the odors, the tennis ball, Kong treat, or PVC. The dog wants to find their treat or toys, not drugs. When training begins the dogs learn that the reward toy has a certain odor of a specific narcotic. Therefore when the dog smells drugs they think that they are finding their toy.

Our training is simply on the job training with experienced K9 handlers, there are schools but nothing official like a police academy for dogs. As long as you certify with your dog through a national work dog organization, you are considered qualified. The dogs career as Officer Mathis had mentioned can run between 2 and 10 years. Some have even gone 15 years. All animals are different in their endurance, health and the type of work done.

People confuse the working animals with pets, the dogs are not pets by any means. They do hold a very close relationship with the handler and family but they are too often confused with a regular dog. They have to maintain a very strong discipline or they will become just like regular dogs and not focused on work. Even though the dogs are friendly, people should never approach a working animal without asking the handler.



Let's make 2011 the year we all make more of an effort to improve our recycling habits. Have you ever thought about where "AWAY" really is?

As in "Throw that away"?

AWAY is a landfill that no one wants in their community.

AWAY is a landfill where Normandy pays **\$27.00 per ton** to dispose of the city's trash.

AWAY is a landfill where the average Missourian tosses over 6 pounds of waste each (over 30% more than the national average!).

Paper waste accounts for over 40% of what we throw AWAY. So let's start right there. If each Normandy household, office and business starts recycling more waste paper we could reduce the cost of landfill dumping. Sending our recycling to the recycling center is currently not making the city any money but at least it beats spending that \$27.00 per ton as mentioned above.

Where should you recycle that paper? Each Friday it goes right in your black recycling bin and Normandy's friendly public works guys pick it up at your curb.

It couldn't be easier since you don't even need to separate the paper from all other recycling. You can also take your newspaper and office paper, junk mail, etc to one of the green and yellow bins at most local schools where they make a little money, too.

What paper can you recycle? Newspaper, junk mail, office paper, cardboard boxes, wrapping paper, greeting cards, mailing tubes, food packages, paper towel rolls, and so much more.

What paper should not be recycled? Greasy pizza boxes, anything oily or greasy.

It couldn't be easier. But we all know that we can do better. So let's start with paper, get in the habit of putting our waste paper in the recycling bin rather than the trash bin, and later we can do better with aluminum and other metal, plastic and electronics. "One ton of recycled paper uses 64% less energy, 50% less water, produces 74% less air pollution and creates 5 times more jobs than 1 ton of paper products from virgin wood pulp." (Mo Recycling Assn)

# Lead-Based Paint Hazard Control Program Saint Louis County

**STOP:** Was your Home Built *before* 1978?

If so, your home might be a health hazard for your children!



The Lead-Based Paint Hazard Control Program offers home improvements at NO COST TO YOU to ensure your children are safe!

Learn more about the St. Louis County Lead-Based Paint Control Program by reading this page and/or contacting:

Judi Candela  
Phone: 314-615-1642  
Fax: 314-615-7340  
Email: [jcandela@stlouisco.com](mailto:jcandela@stlouisco.com)

**ST. LOUIS COUNTY, MISSOURI**  
DEPT OF PLANNING/ OCD  
21 Village Square Shopping Center  
HAZELWOOD, MISSOURI 63042

The Lead Paint Control Program tests your home to see if it is contaminated with Lead Paint. If your home tests positive, the program coordinator and a contractor will work with you to develop a plan to remove and/or control the lead-paint hazards in your home.

Home improvements will be done at NO COST TO YOU with a "forgivable loan". To learn more about the forgivable loan, please read the FAQ on this page.

## Forgivable Loan Information

Forgivable loans are loans not based on credit and does not have to be paid back if meeting criteria for the program. To meet criteria for this program you must live in the home for (5) years. There is no credit check done on a forgivable loan as it is not based on credit.

If you sell your home before 5 years, the outstanding balance of the loan will be due upon sale. Every year you live in your home, the balance declines by 20%. Example: If your loan is for \$5,000 and you live there 4 full years, the amount still owed will be \$1,000.

If your home was built before 1978, it may be contaminated with lead-based paint.

Lead poisoning occurs when children swallow invisible lead dust created by peeling, flaking, or chipping paint. This paint has a sweet taste to children.

To ensure your children's safety, regularly test all your children under age six for lead poisoning and test your home for lead-paint contamination.

## Why is Lead Paint Dangerous?

- Attention Deficit Disorder
- Loss of IQ and/or mental retardation
- Hearing Loss
- Learning Disabilities
- Convulsions/ Seizures
- High Blood Pressure

And More...

You are eligible if you meet ALL of the following criteria:

- You own a home built before 1978
- You have a child under the age of six living in the home OR you have a child under the age of six who frequently visits the home (at least 6 hours a week/ 60 hours per year).
- Your household income is at or below 80% of St. Louis County's median income.

Go to our website at

<http://www.stlouisco.com/plan/housing/leadhaz.html>

to see the full income eligibility chart

**How to I apply? Contact Judi Candela at the information on this page.**

## How do you have your children tested?

Call the Health Department at 314- 615-0600

## How do I learn more about Lead Poisoning?

Go to the Centers for Disease Control and Prevention website at:

<http://www.cdc.gov/nceh/lead>

## What if I live in Saint Louis City?

Please contact Lead Safe St. Louis at 314-259-3455 or visit

[www.leadsafestlouis.org](http://www.leadsafestlouis.org)



EQUAL HOUSING  
OPPORTUNITY



St. Louis County



Children's Service Fund

*Keeping Kids First*

*"For these are all of our children, we will all profit by or pay for whatever they become..."*

*- James Baldwin*

**Children's Service Fund**

**2010 Allocation Cycle**

June 29, 2010, the St. Louis Children's Service Fund Board finalized their decisions for their first allocation cycle. Forty-Four nonprofit and governmental agencies from all over the St. Louis Metro region are now providing 90 mental health and substance abuse programs to local area children and youth. This first allocation by the board invested \$35 million over a 17 month period (August 1, 2010 - December 31, 2011) in positive outcomes for St. Louis County's children and youth.

The St. Louis County Children's Service Fund was created in 2008 when St. Louis County voters passed a Proposition 1 with 62% approval. Proposition 1 enacted a 1/4 sales tax that makes approximately \$35 million a year available for services to St. Louis County youth ages 19 and under in ten mental health and substance abuse service areas.

The complete list of funded agencies and the breakdown of the investment please visit our website at [www.keepingkidsfirst.org](http://www.keepingkidsfirst.org)

222 South Meramec Suite 202  
Clayton, Missouri 63105

[www.KeepingKidsFirst.org](http://www.KeepingKidsFirst.org)



*Do you receive Temporary Assistance?*

*Could you use extra money to help you get to work or school?*

**THERE IS HELP OUT THERE WAITING FOR YOU, ALL YOU**

**NEED TO DO IS CONTACT BETTER FAMILY LIFE AT**

**(314) 679-3314 OR (314)746-0730.**

**THEIR CASE MANAGERS ARE READY TO HELP YOU TODAY**

**WITH THE RESOURCES YOU NEED TO SUCCEED.**

**WHY WAIT ANY LONGER???????**

**IF YOU RECEIVE TEMPORARY ASSISTANCE, ASK ABOUT THE**

**MISSOURI WORK ASSISTANCE PROGRAM**

**AND START TO MAKE A CHANGE TODAY!!**



CALL  
NORMANDY  
POLICE TODAY FOR A  
FREE SECURITY  
EVALUATION OF THE  
EXTERIOR OF  
YOUR HOME

CALL  
&  
SCHEDULE  
TODAY!



CALL 314 385 3300  
EXTENSION 3023

NORMANDY POLICE DEPARTMENT  
7700 NATURAL BRIDGE RD  
NORMANDY, MISSOURI, 63121  
PH: 314.385.3300  
FAX: 314.385.1054  
WWW.CITYOFNORMANDY.GOV

DID YOU KNOW?

You can keep in constant  
contact with your city!

We are available via  
e-mail through our  
website

[www.cityofnormandy.gov](http://www.cityofnormandy.gov)

Also you can find us on  
the web through  
Facebook as well as  
Twitter and Blogger!



# SUPER FOODS THAT YOU CAN EAT NOW!!

Superfoods have an extremely high nutritional value and may also possess chemical properties that can ward off disease. These foods can fit into a wide range of diets. Everyone knows that we need healthy choices in our diets so try these fantastic foods.

*Sweet Potatoes* are high in fiber and have a lower glycemic index value than regular potatoes. This slows the breakdown of glucose in the bloodstream. A type of Sweet Potato called "Imo" is particularly rich in beta-carotenes and antioxidants.



Tomatoes can potentially reduce the risk of developing cancers.

*Mustard Greens*  
Green Leafy vegetables, including mustard greens are an excellent source of both fiber and calcium. What a lot of people do not know is that these greens are also high in Vitamin K which is great for bone health and a decreased risk for developing blood clots.

*Tomatoes*  
Tomatoes are an important source of Fiber, Beta-carotene, and Vitamin C. Also they are a fantastic source of Lycopene, especially when cooked. Tomatoes can potentially reduce the risk of developing Prostate, Breast, Lung and Colon Cancers.

*Berries*  
Berries are rich in Fiber and Vitamin C, they also contain high levels of antioxidants. Blueberries, Blackberries, Raspberries, Strawberries, Acai berries and Gogi Berries as well as many others contain important Phytochemicals that are believed to destroy cancer cells in the liver.

*Eggs*  
Eggs are rich in protein and low in calories. Eggs are a great source of Iron, Biotin and Vitamin B-12, this can help combat Anemia and reduce hair loss. Pregnant women should be also aware that Eggs are also high in Choline, which is important for Fetal Brain Development.

*Tumeric*  
This lovely Yellow Spice is commonly found in Indian Curry. Tumeric is rich in Antioxidants and has been proven to prevent and slow Tumor growth. This spice is commonly used in soups, dressings, main dishes and even Tea. When in the form of Tea it can also be a great Anti-inflammatory. Consult a physician before adding this spice to your diet if you are currently being treated for Cancer.

*Red Wine*  
Red wine is rich in Antioxidants, and contains High Levels of Resveratrol, a plant Phytoalexin. Red Wine offers benefits for improving Heart Health and reduction in the risks for certain types

of cancers. Resveratrol is linked to decreased risk for Breast and Prostate cancer in particular.



Barramundi Fish - A native of Australia high in Omega 3's

*Mangosteen*  
This tropical fruit from Indonesia is high in Vitamins A and C. It is also an excellent source of Antioxidants. If you cannot find this fruit locally you may find it in the form of juice and tea which are both widely available and quite tasty.

As with any health advice it is best to seek that of your primary care physician

*Barramundi Fish*  
This Australian fish dines on plankton vs snacking on small mercury filled fish. What this means is this fish has very low levels of the toxin which is very important to Pregnant women especially. Free of Mercury and full of Powerful Omega 3's this fish is becoming more and more popular in the U.S.. The meat is white, light, flaky and delicious.



"The Rookies" by Linda Picken

## A NIGHT AT THE RACES

PLEASE JOIN US TO BENEFIT THE NORMANDY K9 UNIT!

**MOUSE RACES & RAFFLE**  **FRIDAY, MAY 20, 2011**

KNIGHTS OF COLUMBUS HALL 202 WEST 3RD STREET

O'FALLON, MISSOURI 63366

**DOORS OPEN @ 6:30 P.M. ; RACING BEGINS @ 7:00 P.M.**

ADMISSION FEE \$12 ADMISSION INCLUDES BEER (21+), SODA, & WATER  
YOU MAY BRING YOUR OWN SNACKS IF YOU WOULD LIKE

The Normandy Police K9 Unit is operated entirely from donations to the K9 Fund, which is then used for the continued training, equipment, and health care for the K9 teams.

\* To purchase your tickets for this event or for more information on the Normandy K9 Unit please contact Rebecca Conner @ 314.541.2847 or Officer Conner @ 314.550.6679.

Thank You in advance for your support.

ABSOLUTELY NO OUTSIDE ALCOHOL IS PERMITTED

# SANITATION SCHEDULE



	MON.	TUES.	WED.	THURS.	FRI.
APRIL	<b>STANDARD SCHEDULE</b>				
MAY	MAY 30 OFFICE CLOSED NO SERVICES	MAY 31 WARD 1			
JUNE			JUNE 1 WARD 2 NO HEAVY PICK-UP	JUNE 2 WARD 3 & 4	JUNE 3 RECYCLING ALL WARDS
JULY	JULY 4 OFFICE CLOSED NO SERVICES	JULY 5 WARD 1	JULY 6 WARD 2 NO HEAVY PICK-UP	JULY 7 WARD 3 & 4	JULY 8 RECYCLING ALL WARDS